

Accreditation Overview

| Day One | |
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| Module 1 Introducing Strengths | <ul style="list-style-type: none">• Introducing the programme, Capp and strengths• Strengthspotting• Benefits and application of using Strengths Profile• Your Profile reflections |
| Module 2 Getting to Know Strengths Profile | <ul style="list-style-type: none">• The background to Strengths Profile• Strengths Profile Model of Development• Strengths Families• Types of Profiles• Strengths stats – looking at cultural differences |
| Module 3 Coaching with the Strengths Model of Development | <ul style="list-style-type: none">• Bringing to life the Strengths Profile Model of Development• The action-based Model of Development coaching questions• Coaching with the Expert Profile and Strengths Families |
| Module 4 Best Practice | <ul style="list-style-type: none">• Set up considerations in your debriefs• Your best practice coaching checklist• Understanding how Profiles can vary• Exploring sensitivities in profiles |
| Module 5 Debrief Demonstration | <ul style="list-style-type: none">• Debrief Demonstration |
| Module 6 SP Model Coaching | <ul style="list-style-type: none">• Using Strengths Profile to achieve a goal |

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| Module 7 Strengths Dynamics | <ul style="list-style-type: none">• Knowledge Check!• Reviewing how the quadrants work dynamically• Dynamic practice |
| Module 8 Accreditation Debriefs | <ul style="list-style-type: none">• Receive and give a full Strengths Profile debrief• Receive feedback on your interpretation and coaching style |